



Don't forget to eat your fruit and veggies!

Charles City Schools Elementary Lunch Menu

Fresh fruit and vegetable bar offered daily!

May 2019

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

National Raisin Week 6

Chicken Bacon Ranch Melt
Italian Pasta Bake
Chicken Caesar Salad
Broccoli Raisin Salad

Pulled Pork Sandwich

Cheese & Pepperoni Flatbread
Turkey BLT Salad
Roasted Cauliflower

Crispy Chicken Sandwich Basket

Corn Dog
Chef Salad

Kettle Potato Chips

Chicken and Cheese Quesadilla

Beefy Nachos & Homemade Cheese Sauce

Turkey Cranberry Wrap
Refried Beans

HOM Rhubarb 10

Grilled Cheese Sandwich
Tomato Soup

Cheesy Italian Flatbread
Beef Taco Salad

Seasoned Ranch Wedges
Rhubarb Muffin Square

National Hummus Day 13

Sub Sandwich Bar
Pizza Burger Melt
Harvest Chicken Salad
Seasoned Ranch Wedges

Chicken Nugget Basket
Whole Grain Dinner Roll

BBQ Rib Sandwich
Buffalo Chicken Salad
Creamy Potato Salad

HOM Asparagus 15

Pork Roast
Salisbury Steak
Chef Salad

Whole Grain Dinner Roll
Mashed Potatoes
Gravy
Roasted Asparagus

Chicken Tacos

Hot Ham & Cheese Bagel

Buffalo Chicken Salad
Black Beans
Chocolate Chip Cookie

French Toast Sticks
Hard Boiled Egg

Fish Sandwich with Cheese
Ham Deli Sub Sandwich

Breakfast Potatoes

Sweet n Sour Chicken Bites
Brown Rice

Chicken Bacon Ranch Melt
Cravin Craisin Salad
Green Peas

Lasagna Rollup with Sauce
Garlic Toast

Yogurt Pak with Bagel
7 Layer Salad
Caesar Salad

Pigs in a Blanket

BBQ Chicken Sandwich
Fruited Spinach Salad
Baked Beans

Chicken Alfredo w/Pasta
Rip Stick Breadstick

Build Your Own Baked Potato
Whole Grain Dinner Roll
Turkey Deli Sandwich
Homemade Brownie

HOM Thyme 24

Cheese Pizza

Turkey BLT Flatbread
Honey Mustard Ham Wrap
Roasted Italian Vegetables

Memorial Day 27

No School

Breakfast Burrito

Build Your Own Cereal Bowl
Hard Boiled Egg

Turkey BLT Salad

Cinnamon Roll

Chicken Nugget Basket

Fish Nugget Basket

Chef Salad

Golden French Fries
Rip Stick Breadstick
Sugar Cookie

Pancakes

Strawberry Topping

Biscuits & Gravy

Chicken Caesar Wrap

Breakfast Potatoes
Hard Boiled Egg

BBQ Rib Sandwich

Ham Deli Sub Sandwich

7 Layer Salad

Coleslaw
Warm Cinnamon Apples

PRICES

Regular	\$2.60
Reduced	\$0.40
Adult	\$3.75

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

