



Don't forget to eat your fruit and veggies!

Charles City Schools Breakfast Menu

May 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breakfast Pizza
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Cinnamon Roll
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Ham, Egg, & Cheese Bagel
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Mini Pancakes
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Banana Chocolate Loaf
 Cheese Stick
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Long John
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Burrito
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Mini Eggo Waffles
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Mini-Cinnis
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Pizza
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Waffle Sandwich
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Long John
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Burrito
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Orange Juice
 1% Milk

Breakfast Stacker Sandwich
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Blueberry Muffin
 Cheese Stick
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Mini French Toast
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Pizza
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Burrito
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Pizza
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Breakfast Burrito
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Memorial Day-No School

Ham, Egg & Cheese on Bagel
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Blueberry Muffin
 Cheese Stick
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Biscuit Breakfast Sandwich
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

Long John
 Choice of Cereal
 Graham Crackers
 Vegetable Selection
 Fruit or Fruit Juice
 1% Milk

PRICES	
Regular	\$1.45
Adult	\$1.85



EXTRA INFO
 Milk choice of 1% or ff chocolate available.
 For questions/comments, please contact your FSD
 at 641-257-6505 ext 2316 or
 email taher@charles-city.k12.ia.us

