



Don't forget to eat your fruit and veggies!

Charles City Schools Breakfast Menu

June 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Choose **MyPlate.gov**

29

30

31

3

4

5

6

7

Mini Pancakes

Breakfast Sandwich

Long John

Banana Choc Chip Muffin
Cheese Stick

Have a Great Summer!

Choice of Cereal
Graham Crackers

Choice of Cereal
Graham Crackers

Choice of Cereal
Graham Crackers

Choice of Cereal
Graham Crackers

Vegetable Selection
Fruit/Fruit Juice
1% Milk

Vegetable Selection
Fruit/Fruit Juice
1% Milk

Vegetable Selection
Fruit/Fruit Juice
1% Milk

Vegetable Selection
Fruit/Fruit Juice
1% Milk

Prices

Regular	\$1.45
Adult	\$1.85

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% or ff chocolate available.
For questions/comments, please contact your FSD
at 641-257-6505 ext 2316 or
email taher@charles-city.k12.ia.us

